

手搏道 武德館

SOO BAHK DO

MOO DUK KWAN®

NATIONAL FESTIVAL & CHAMPIONSHIP



2014 | SALT LAKE CITY
JULY 17-20TH | LITTLE AMERICA HOTEL, UTAH

FOR MORE INFORMATION VISIT: FESTIVAL.SOOBAHWDO.ORG

DESIGN BY - NEW ENGLAND FOUNDRY
SPARRING FIGURE DESIGN - JEFF BRIDGES SHI

“The Path”
has been paved
for you...

will you walk it?

www.festival.soobahkdo.org

July 16th - 20th Salt Lake City, Utah



Calling All Dans

The greatest opportunities always seem to knock at the most inopportune moment.

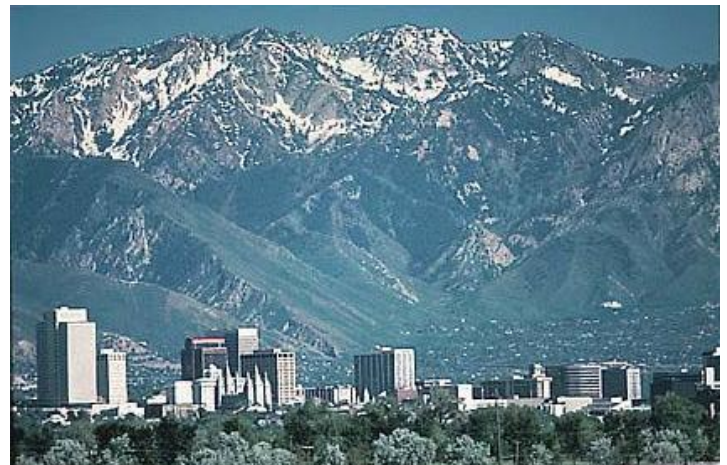
Korea was embroiled in post war chaos in 1945 with a population that was poor and ravaged, yet Hwang Kee chose to found his first Moo Duk Kwan® school amidst these harsh circumstances and his schools flourished and the world has benefitted from his efforts ever since.

July 16th -20th you can help preserve his legacy by seizing the opportunity that awaits you in Salt Lake City, Utah.

The Kwan Jang Nim and the TAC have gone to great lengths to assure the National Festival and Dan Leadership Convention provides Dan members and Gups who have demonstrated strong leadership potential, with a training and learning experience that is only available at this unique event.



If you are a Dan member, then this event is designed with you in mind and will provide you with an experience you'll recall for a lifetime, but you must be there to seize this opportunity.



Little America Hotel Salt Lake City Utah

The Little America is the Federation's Five Diamond venue in Region 8 for the 2014 National Festival in Salt Lake City Utah.



The hotel can be reached directly from the airport via the TRAXX rail system that brings you right down town and stops directly across the street from the hotel lobby.

Reserve your room using the online reservation form on the page at the link below or call reservations at **1-800-437-5288** and indicate that you are with United States Soo Bahk Do Moo Duk Kwan Federation® group. (US Soo Bahk) The Group block cutoff date is **Thursday, June 26, 2014**

<http://festival.soobahkdo.org/little-america-hotel-salt-lake-city-utah/>

2014 Festival Schedule

How You Can Help

Text **FESTIVAL** to **69302** to receive last minute changes and updates

- Volunteer To Help Produce The Festival
- Join A Committee, Be a Referee, Be a Ring Assistant
- Signup Online Here:
- <http://festival.soobahkdo.org/event-registration/>

Wednesday July 16th

Arrivals - Email jayboniface@yahoo.com for **Local Tours**

- Confirm that all festival gear is onsite, accounted for and in working order
- Setup

Thursday July 17th

9:00 AM – 10:AM TAC Breakfast

10:00AM – 12:00PM TAC Meeting

12:00PM – 1:15 PM TAC Lunch

1:15PM – 3:00PM TAC Video & Training Session

4:00PM – 6:00PM BOD Meeting

5:00PM – 6:00PM REX Meeting

6:00 PM – 6:25 PM All Demonstrators Previewed By TAC

6:30PM – 7:30PM PVT II Session with Kwan Jang Nim – Ko Dan Ja & Studio Owners Invited

- Learn more about PVT II & Take the online PVT II Quiz:
- <http://worldmoodukkwon.com/quizzes-exams-and-tests/>

8:00 PM KJN, SAC, HKI, TAC Dinner (#1 Meal Plan)

Friday July 18th (Session 1)

7:30AM – 8:30AM KJN, TAC, SAC Breakfast (#2 Meal Plan)

8:45AM Line Up

9:00AM – 10:15AM

- Regional Examiner Training
- Ko Dan Ja Seminar
- Ko Dan Ja Candidates & Future Ko Dan Ja (Sam Dan) Seminar
- Dan Member Seminar
- Adult Gup Member Seminar
- Children Gup Member Seminar

Friday July 18th (Session 2)

10:30AM- 11:45AM

- Ko Dan Ja Seminar
- Ko Dan Ja Candidates & Future Ko Dan Ja (Sam Dan) Seminar
- Dan Member Seminar
- Adult Gup Member Seminar
- Children Gup Member Seminar

Friday July 18th (Lunch Break)

- 12:00PM- 1:00PM (Lunch break) (#3 Meal Plan)

Friday July 18th (Session 3)

1:30PM – 3:30PM 5 Moo Do Values Sparring Seminar – All Members

Friday July 18th (Session 4) Moo Duk Kwan® Kick-a-thon

4:00PM – 6:00PM Moo Duk Kwan Kick-a-Thon

- 10 Rotating Sessions Every 10 Minutes
- Learn more about the Moo Duk Kwan® Kick-a-thon
- Activate your online fundraiser to get sponsors
- How to effortlessly attract sponsors
- <http://festival.soobahkdo.org/category/fundraising/kick-a-thon/>

Friday VIP Dinner

7:00PM – 8:30PM VIP Dinner with Kwan Jang Nim and Federation Officials (Invitation Only & #4 Meal Plan)

- How to get your invitation? Raise \$150 or more for the Moo Duk Kwan® Kick-a-thon.

Saturday July 19th

7:30AM – 8:30AM KJN, TAC, SAC Breakfast (#5 Meal Plan)

8:15AM Score & Time Keeper Orientation – Gups & Volunteer's Invited to Attend

- Volunteer To Be A Scorekeeper/Timekeeper

8:45AM Line Up

9:00AM Opening Ceremonies

- Demonstrations

10:15AM Competition Begins

- Ko Dan Ja Hyung Competition
- Ko Dan Ja Moo Do Sparring
- Regional Dan Team Hyung Competition
- SAC, TAC Rotating Lunches (#6 Meal Plan)

- Individual Dan Competition
 - Dan Hyung
 - Traditional Dan Sparring
- Regional Dan Team Sparring Competition
- 3 Person Goodwill Team Sparring Competition
- Open Floor Training Opportunity (Optional)

Saturday Dinner Banquet

7:00PM – 10:00PM Dinner Banquet – Business Casual

- Pre-70th Anniversary Celebration
- Learn More About The Pre-70th Celebration Banquet.
- <http://festival.soobahkdo.org/moo-duk-kwan-pre-70th-anniversary-celebration-banquet/>



Moo Duk Kwan® Kick-a-thon Friday 4:00 to 6:00 PM



Friday July 18th from 4:00 to 6:00 PM
attendees submitting any amount of sponsor donations toward the Moo Duk Kwan® Kick-a-thon are eligible to participate.

Some members have asked about the rationale of making admission to this session contingent on sponsor donations. In short, the goal of acquiring sponsor donations is intended to challenge Gups and Dans to exercise your confidence and presentation skills as future leaders of our art.

Every Certified Studio Owner is faced with the daily challenge of presenting our art to the general public in a manner that captures the attention of those interested in martial art training or other benefits it provides. Each Gup and Dan member needs to hone similar skills whether you operate a studio or not.

Your leadership challenge is to connect with the public and solicit sponsor donations for your participation in the Moo Duk Kwan® Kick-a-thon. During this activity you will surely encounter opportunities to hone your “Elevator Pitch” and to educate members of the public about our art and about how they can support you in preserving the values it emphasizes.

Attendees submitting \$150 or greater in sponsor donations will be invited to dinner with Kwan Jang Nim, TAC and senior officials.

Every 10 minutes a timer horn will sound notifying participants that they (or the instructors) will rotate to a new activity area of their choice or repeat activities of their choice.

4:00 – 4:10 Round 1

4:10 – 4:20 Break

4:20 – 4:30 Round 2

4:30 – 4:40 Break

4:40 – 4:50 Round 3

4:50 – 5:00 Break

5:00 – 5:10 Round 4

5:20 – 5:30 Break

5:30 – 5:40 Round 5

5:40 – 5:50 Break

5:50 – 6:00 Round 6

<http://festival.soobahkdo.org/moo-duk-kwan-kick-a-thon-seminars/>

3 Person Goodwill Sparring Team Registration

A studio or regional qualification process is NOT required to form a **3 Person Goodwill Sparring Team**.

Three members who compose a **3 Person Goodwill Sparring Team** in advance receive a significant registration discount over members who register individually without identifying and confirming their team mates in advance.

All you need do is identify your team mates from your own studio, any other studio, your own region or any other region and agree among yourselves to participate as a **3 Person Goodwill Sparring Team** and then list all three team member names on the registration form.

Only one person needs to remit the 3 Person Goodwill Sparring Team entry fee of \$69.

Individual Team members **DO NOT** need to select the “Three Divisions” option on the registration form when one team member has registered the whole team. That option is for members who do not compose their team in advance and want the TAC to match them with random members at the event to compose a team.

<http://festival.soobahkdo.org/3-person-goodwill-sparring-teams/>

Moo Duk Kwan® Kick-a-thon Fundraising

Admission to the Moo Duk Kwan® Kick-a-thon on Friday from 4:00 to 6:00 PM is open to Gups and Dans.

There is no fee to participate other than remittance of any amount of sponsor donations and a signed registration form. **Personal fundraiser pages** can also be created online in about 30 seconds to collect donations from friends, family, businesses, etc. online Join your fellow members who have activated their personal fundraiser pages. <http://festival.soobahkdo.org/campaign-list/>

Members who are registered for any other Festival activities qualify to participate in the exciting Moo Duk Kwan® Kick-a-thon activities.

Gups or Dans who are not registered for any other Festival activities and who are only attending the Moo Duk Kwan® Kick-a-thon can remit any amount of sponsor donations on their registration form to enter.

The TAC has planned a super exciting slate of activities from low effort to challenging high effort with abundant recover time between each round.

Activities change every 10 minutes or participants can repeat favorite sessions as often as desired.

<http://festival.soobahkdo.org/moo-duk-kwan-a-thon/>

Moo Duk Kwan® Kick-a-thon Friday 4:00 to 6:00 PM

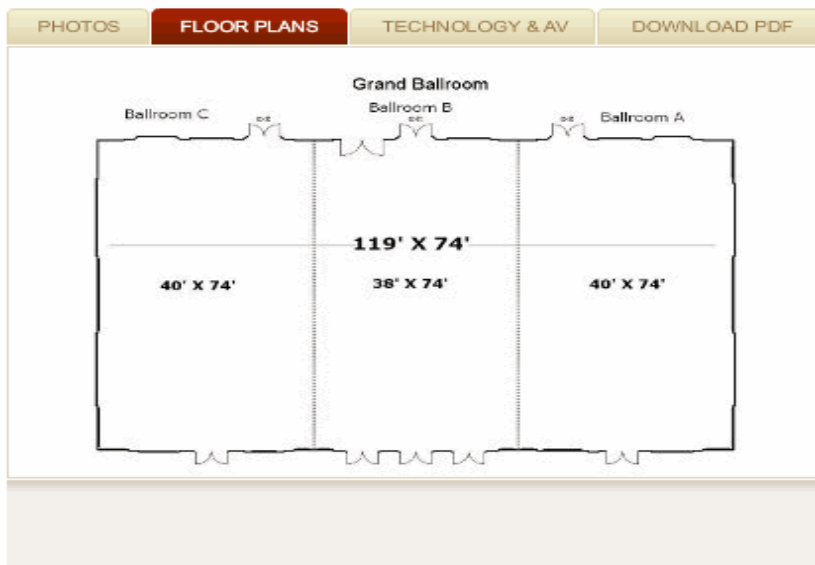
Moo Duk Kwan® Kick-a-thon 10 Minute, Fast Paced Rounds

The actual content presented by TAC members during their Kick-a-thon sessions is at their creative discretion and may be very different than the examples described here. You are sure to have a training experience unlike any other.

These Were Some Of The Action Packed Sessions in 2013

| | |
|--|---|
| Fast N Furious: Dynamic Footwork Participants will engage in hi intensity drills designed to hone footwork awareness and skills. Area 1 | Devastating Combinations Partners will engage in rapid fire, creative applications of techniques in a free-style one-step format Area 2 |
| Aspire Higher: Jump Kick The Clouds Students will learn how to fly higher than ever and and get more hang-time than ever before when performing jumping kicks. Area 3 | Endless Ho Shin Sool Partners or trios will engage in continuous ho shin sool locks and escapes without pause unless escape is impossible. Area 4 |
| Simplified Sweep Aways Students will apply gravity against opponents using a series of simplified sweeps and take downs Area 5 | Precision Impact Students will use striking targets to hone striking skills and produce powerful, trembling impact Area 6 |
| Takedown Rebounds Students will focus on strategies for rapid recovery after a throw or takedown Area 7 | Overthrows You Should Know Students will drill on over-throwing techniques for larger opponents. Area 8 |
| Superior Sparring Tactics Students will focus on rapid application and repetition of key sparring combinations Area 9 | Invincible Ja Seh Students will drill on the technical and philosophical secrets of an invincible Ja Seh connecting the practitioner to the strength of the earth, all elements and their internal energy. Area 10 |

Ballroom



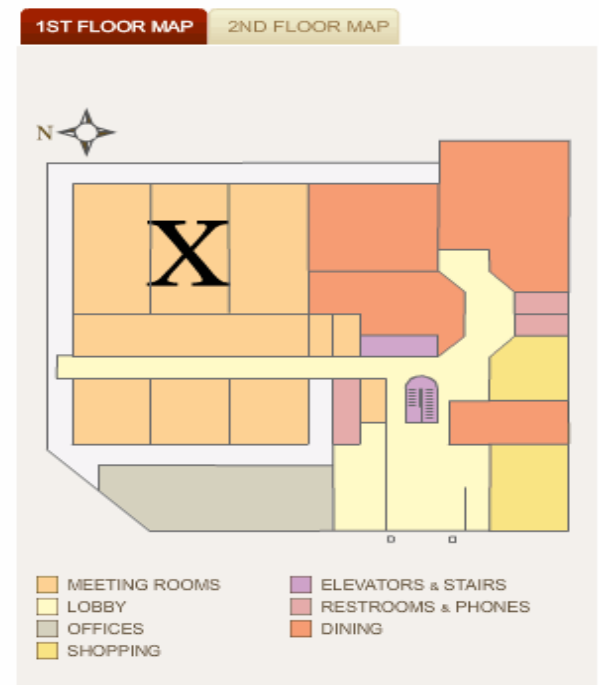
Measurements

| | |
|----------------|----------|
| Dimensions | 119 X 74 |
| Square Feet | 8,867' |
| Ceiling Height | 12' |

Seating Capacities

| | |
|-----------|------|
| Theater | 1000 |
| Banquet | 800 |
| Classroom | 600 |

Hotel Floor Plan



**2014
TAC Approved
Dan Hyungs**

Cho Dan
Chil Sung Sam Ro
Joong Jol
Jin Do
Naihanji E Dan

E Dan
Chil Sung Sa Ro
Po Wol
Rohai
Naihanji Sam Dan

Sam Dan
Chil Sung O Ro
Yang Pyon
Sip Soo
Kong Sang Koon

Sa Dan
Sal Chu
Wang Shu
Sei Shan
Chil Sung Yuk Ro

O Dan
Ji On
Choong Ro
O Sip Sa Bo
Chil Sung Chil Ro

Yuk Dan
Hwa Sun

**2014
Dan Hyung
Divisions**

Cho Dan:
7 – 10 M/F
11 – 14 M/F
15-17 M/F
18-30 M/F
31-46 M/F
46+ M/F

E Dan:
11 – 14 M/F
15-17 M/F
18-30 M/F
31-46 M/F
46+ M/F

Sam Dan:
15-17 M/F
18-30 M/F
31-46 M/F
46+ M/F

Ko Dan Ja:
Under 50:
Sa Dan
O Dan
Yuk Dan

Ko Dan Ja Hyung
Over 50:
All ranks M/F

**2014
Dan Sparring
Divisions**

Cho Dan:
7-10 M/F
11-14 M/F
15-17 M
15-17 F
18-30 M LW
18-30 M HW
18-30 F
31-46 M LW
31-46 M HW
31-46 F
46+ M
46+ F

E Dan:
11-14 M/F
15-17 M
15-17 F
18-30 M LW
18-30 M HW
18-30 F
31-46 M LW
31-46 M HW
31-46 F
46+ M
46+ F

Sam Dan:
15-17 M
15-17 F
18-30 M LW
18-30 M HW
18-30 F
31-46 M LW
31-46 M HW
31-46 F
46+ M
46+ F

**Ko Dan Ja Moo Do
Sparring**

**2014
Dan Team
Divisions**

**Regional Dan
Sparring Teams**
Adult 18 & up

**Regional Dan Sparring
Teams Youth 8 to 12**

**Regional Dan Sparring
Teams Teens 13 to 17**

**Regional Hyung
Teams**
Junior Dans under 18
Adult Dans 18-40
Senior Dans 41Up

**3 Person Goodwill
Sparring Teams**

Dan Adults male
ages 18 to 39
ages 40 up

Dan Adults female
ages 18 to 39
Ages 40 up

Dan Teens
mixed genders
ages 13 to 17

Dan Youth
mixed genders
ages 8 to 12



**All sparring
Participants must
wear the following:**
Headgear,
mouthpiece, groin
cup (men) & hand
pads (covering
knuckles only).

**Full hand, foot and
body protective
gear prohibited.**

**We emphasize no
contact.**

**1st, 2nd and two 3rd
Places in each
sparring division!**

2014 National Festival & Championships Registration Form



Mail, fax or email completed registration form along with payment instructions to:

U.S. Soo Bahk Do Moo Duk Kwan Federation®

20 Millburn Ave Floor 2 Springfield, NJ 07081 (888) SOO-BAHK or (973) 467-5716 Fax



Hotel Group Rate \$119 subject to availability after June 26th 2014

DOWNLOAD THIS FORM & RESERVE YOUR ROOM (800) 437-5288 online at www.festival.soobahkdo.org

Participation Is Open To Federation Members With Current Membership

Your Registration Packet Will Be Ready For Pickup On-site. Confirmation Emails Will Be Sent When You Provide an Email Address

PLEASE PRINT CLEARLY & FILL OUT BOTH SIDES COMPLETELY

Name _____ Fed I.D. _____ Membership expires _____

Birthdate _____ Age _____ Sex _____ Rank _____ Flying to Nationals? _____ Airline _____

Address _____ City _____ St. _____ Zip _____

Home Phone () _____ Work Phone () _____ Instructor _____

Inst. Rank _____ Inst. Dan# _____ Inst. Signature _____

WAIVER

I do hereby release the U.S. Soo Bahk Do Moo Duk Kwan Federation, Inc.® and all others associated with producing this event in any capacity including, but not limited to, Little America Hotel Company and its corporate affiliates, for any liability due to injuries, etc., that I may incur as a result of my attendance or participation. I clearly understand that participation in the sparring aspect of this event could involve bodily contact. I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in the event(s) for which I have registered and that I have the medical coverage or personal means to cover the expenses. I permanently waive any compensation for photos, videos, media coverage, etc. of me that may be utilized by the Federation and give permission for publication of them.

Participant's Signature _____ Date _____

Signature of Guardian (If under 18 years of age) _____ Date _____

\$25 Onsite Registration Fee

All sparring participants must wear headgear, mouthpiece, groin cup (men) & hand pads (covering knuckles only). Full coverage hand, foot and body protective gear prohibited.

Contact is prohibited and may result in disqualification.

1st, 2nd and two 3rd Places in each sparring division.

SEE REVERSE FOR PAYMENT OPTIONS AND TO REGISTER FOR OTHER EXCITING ACTIVITIES

HYUNGS (FORMS)

DAN BON _____

NAME _____

RANK _____ AGE _____ HEIGHT _____

REGION _____ INSTRUCTOR _____

DIVISION _____

DEH RYUN (SPARRING)

DAN BON _____

NAME _____

RANK _____ AGE _____ HEIGHT _____

REGION _____ INSTRUCTOR _____

DIVISION _____

3 PERSON SPARRING TEAM

Youth Team ages 8 to 12 Teen Team ages 13-17
Adult Team ages 18 up

1st NAME _____ REGION _____

DAN BON _____ RANK _____ AGE _____ HEIGHT _____

2nd NAME _____ REGION _____

DAN BON _____ RANK _____ AGE _____ HEIGHT _____

3rd NAME _____ REGION _____

DAN BON _____ RANK _____ AGE _____ HEIGHT _____

2014 National Festival Registration Form

| Invited Gup Members | | Gups who did not Bid or Pledge please provide name of who invited you: | | |
|---|---|--|--|-------|
| Item | Description | Qty | Price | Total |
| Festival Package (Best Value) | Includes the complete National Festival and Dan Leadership Convention experience & more!. All Meals, Moo Duk Kwan Kick-a-thon, All Seminars, Three Competition Divisions, 1 Festival Pass, 2 T-Shirts, 1 Sat Banquet Ticket and \$100 credit toward any Instructor Certification Study Kit or an Annual Soo Bahk Do Institute Subscription acquired before Sept 30th or toward 2014 Moment With The Master or KDJSS Visitor Track Fees . | | \$497 | |
| Festival Meal Plan | The Kwan Jang Nim, TAC, SAC and HKI will be eating together at scheduled times. If you would like to eat with them and have all your meals included, then add this option. Includes Thur Dinner, Fri Breakfast, Fri Lunch, Fri Dinner, Sat Breakfast, Sat Lunch, (Sat Banquet not included) | | \$157 | |
| TAC Seminars Friday 3 Sessions | Friday Seminar Session 1, 2 and 3 open to Dans of all ages and ranks. Updates and additional seminar information can be followed on the Festival and Dan Leadership Convention website. http://festival.soobahkdo.org | | \$147 | |
| TAC Seminar Friday Single (1) | One individual seminar on Friday in session 1, 2 or 3 | | \$69 | |
| Moo Duk Kwan Kick-a-thon Sponsors (any amount of sponsor donations) | Friday July 19th from 3:00 to 5:00 PM attendees submitting any amt of sponsor donations may participate in the Moo Duk Kwan Kick-a-thon. | | Enter \$ Amt of Your Sponsor Donations | |
| 2014 One Division (A) | Single Division Entry Fee: Indiv Hyung OR Indiv Sparring OR 1 member of a 3 Person Sparring Team to be randomly composed onsite | | \$69 | |
| 2014 Two Divisions (B) | Two Divisions Entry Fee: Any two of Indiv Hyung and/or Indiv Sparring and/or 1 member of a 3 Person Sparring Team randomly composed onsite | | \$99 | |
| 2014 Three Divisions (C) | Three Divisions Entry Fee: All three Indiv Hyung, Indiv Sparring and 1 member of 3 Person Sparring Team randomly composed onsite | | \$129 | |
| 3 Person Goodwill Sparring Team (\$69 fee pays for all 3 members) <i>Order Team Apparel at www.moodukkwonmail.com</i> | When 3 members register as a team in advance and all 3 team member names are listed on the registration slip on the front, then only one team member needs to remit the \$69 Team registration fee and individual team members DO NOT need to select Three Divisions (C) listed above. | | \$69 | |
| 2014 Commemorative Festival T-Shirt | Commemorative T-shirts (circle sizes and write in qty of each size) Youth: YS - YM - YL Adult: S - M - L - XL - XXL - XXXL | | \$25 | |
| 3 Day Festival Pass | Good for non-member Festival Access Thursday, Friday AND Saturday Members may present valid membership ID card for free access. One free pass included with each member registration form. | | \$25 | |
| Saturday Banquet Tickets Get a \$30 discount per ticket by texting RSVP to 70000 | Banquet ticket is for Saturday evening. Attire is business casual. Includes deluxe dinner, entertainment. | | \$89 or Enter Disc Code for \$59 tkts [] | |
| Family Members Discount | Multiple family members registering together qualify for 5% discount on total. List Fed IDs and take 5% off your total. Fed ID1: _____ ID2: _____ ID3: _____ ID4: _____ ID1: _____ | | Minus 5% | |
| 2014 Festival Bidder Credit | Members who placed actual bids (not pledges) for the 2014 National Festival Destination may subtract the amount that you bid PLUS the 25% bonus credit that you earned for exercising your member ownership and bidding. | | Minus (Your Bid Amt + 25%) | |
| Onsite Registration Fee | Onsite Registration Fee applies for all on-site registrations | | \$25 | |
| Payment Instructions: (circle one) <input type="checkbox"/> PayPal Trans# _____ - <input type="checkbox"/> Money Order - <input type="checkbox"/> Cash - <input type="checkbox"/> Check - <input type="checkbox"/> Credit Card | | | TOTAL DUE: | \$ |



SAVE BY REGISTERING BEFORE ARRIVAL

Extended Payment Option Available. Instructions Below

CC Number _____ CCEXP ____/____/____

Signature: _____ Date: ____/____/____

Email: _____



Amt Enclosed \$

**Hotel Room
Reservation
Group Rate Cutoff Date
June 26th**

www.festival.soobahkdo.org

Your Registration Packet Will Be Available For Pickup On-Site. You Will Receive A Confirmation Via Email If You Provide One
Access the continually updated schedule of activities on the festival website: www.festival.soobahkdo.org

EXTENDED PAYMENT OPTION

Through our partnership with PayPal you can pay your Festival entry fees over time securely and automatically on the Event Registration page when you select the amount you want to pay per month and after you complete the initial payment, then enter your PayPal Transaction# in the space provided above in the Payment Instructions section of this form. **Easy as 1-2-3!**

**Judging Registration Required On-Site
For All Dans Planning to Compete**

**2015 National Festival Destination Bidding Is
Now Open. You Get To Decide Where The
2015 Festival Will Be Held!**

www.bid.soobahkdo.org

**DANS SAVE
50%**

**use Discount Code
505050**

**during checkout at
www.soobahkdoinstitute.com**

Thank You For Your Support of the 2014 National Festival!