

S O O B H

& A M N Α NSH-PS E S T

N

July 30th - August 1st, 2015 DoubleTree Boston North Shore Danvers, MA

> For more information visit festival.soobahkdo.org





Dan Classes Reloaded

By now every Dan member is probably aware that the Federation has been defending the unique Moo Duk Kwan® identity in federal court at considerable cost and your continued generous financial support is needed to bring the case to closure.



Thursday July 30th 8:00 to 10:00 PM is a Dan class you don't want to miss. Sa Bom Nim Larry Seiberlich 9th Dan will be introducing Tae Guk Kwon Hung during one of three special fundraiser sessions offered during the Festival.

On Friday Sa Bom Nim Craig Hays is convening an elite panel of successful studio owners to share some of their secrets of success with you in a valuable educational session for current or future studio owners who want full classes.

Also on Friday TAC members have offered to teach semiprivate lessons for up to 4 students per TAC Member and cover whatever content donor students want to focus on.

These sessions will provide you with experiences you'll recall for a lifetime and in addition to great seminar content, the Board of Directors has approved special recognition for the most generous donors as indicated on the registration form. We invite you to help preserve Hwang Kee's Legacy with your generous donations and be recorded in history.



http://legacy.soobahkdo.org/

Doubletree by Hilton North Boston North Shore, Danvers, Ma

ROOM BLOCK IS MAY BE SOLD OUT

But you may still be able to get rooms at the \$129 Group Rate until July 10th provided the Hotel has rooms available.

- 1. **Step 1: Book your reservation.** You can cancel without charge up to 4:00 PM the day before arrival.
- 2. **Step 2: Contact the Group Hotel** liasion to have your rate adjusted to the \$129 group rate. Call Ruth Rudnick at Travel Showcase (617)484-3558.

Reserve your room using the online reservation form on the page at the link below or call reservations at 1-978-777-2500 and indicate that you are with United States Soo Bahk Do Moo Duk Kwan Federation® group. (US Soo Bahk) The Group block cutoff date is July 10, 2015

2015 Festival Schedule

How You Can Help

Text FESTIVAL to 7000 to receive changes and updates

- Volunteer To Help Produce The Festival
- Join A Committee, Be a Referee, Be a Ring Assistant
- Signup Online
- http://festival.soobahkdo.org/event-registration/

Wednesday July 29th

Arrivals: Committees confirm that all festival gear is onsite, accounted for and in working order

Thursday July 30th

9:00 AM - 10:AM TAC Breakfast (Business casual)

10:15AM – 12:00PM TAC Video Session (Do Bahk)

12:00PM – 1:15 PM TAC Lunch (Business casual)

1:15PM – 3:00PM TAC Meeting (Business casual)

4:00PM – 6:00PM BOD Meeting (Formal Attire)

5:00PM – 6:00PM REX Meeting (Business casual)

6:15PM – 7:30PM KJN, SAC, TAC Dinner (#1 Meal Plan)

Thursday July 30th (Session 1)

8:00PM – 10:00 PM Seiberlich, SBN Tae Guk Kwon Hyung Open to all Dan ranks

Friday July 31st (Session 2)

7:30AM – 8:30AM KJN, TAC, SAC Breakfast (#2 Meal Plan) 8:45AM Line Up

9:00AM - 10:15AM

- Studio Owner Business Panel
- Regional Examiner Training
- Ko Dan Ja Seminar
- Ko Dan Ja Candidates & Future Ko Dan Ja (Sam Dan) Seminar
- Dan Member Seminar
- Adult Gup Member Seminar
- Children Gup Member Seminar

Friday July 31st (Session 3)

10:30AM-11:45AM

- Semi-private lessons with TAC Members
- Ko Dan Ja Seminar
- Ko Dan Ja Candidates & Future Ko Dan Ja (Sam Dan) Seminar
- Dan Member Seminar
- Adult Gup Member Seminar
- Children Gup Member Seminar

11:45AM

Score Keepers and Time Keepers Orientation (Gups and Volunteers invited to attend)



Friday July 31st (Lunch Break)

12:00PM- 1:00PM (Lunch break) (#3 Meal Plan)

Friday July 31st

1:15PM – Lineup

1:30PM – Opening Ceremony for Dan & Team Competition

- Regional Dan Team Hyung
- Dan Hyung
- Dan Sparring (Traditional)
- Regional Team Sparring

6;00 PM - Closing Ceremony

7:30PM to 9:00 PM VIP Dinner with KJN, SAC, TAC & Meal Plan Ticket Holders (Business casual) (#4 Meal Plan) Supporters donating \$150 or more are invited to attend

Saturday August 1st

7:30AM – 8:30AM KJN, TAC, SAC Breakfast (#5 Meal Plan) 8:15AM Score & Time Keeper Orientation – Gups & Volunteer's Invited to Attend

• Volunteer To Be A Scorekeeper/Timekeeper 8:45AM Line Up 9:00AM Opening Ceremonies

- Demonstrations
- Note: Only demonstrators who submitted a video in advance on www.soobahkdoinstitute.com on or before July 20, 2015 for TAC review will be eligible to be scheduled to perform.

10:15AM Competition Begins

- Ko Dan Ja Hyung
- Ko Dan Ja Moo Do Sparring

SAC, TAC Rotating Lunches (#6 Meal Plan)

12:00 Children Gup Divisions2:00 Adult Gup Divisions6:00 PM Closing Ceremony

Saturday Dinner Banquet

7:30PM – 10:00PM Dinner Banquet - (Business Casual)

You Don't Want To Miss This!



<u>Three special sessions</u> are being offered at the 2015 National Festival as fundraisers with all proceeds dedicated to offsetting legal costs incurred in our defense of the Moo Duk Kwan identity. Spaces are limited for these special sessions, so reserve your spot by registering soon. Download registration forms here: http://festival.soobahkdo.org/event-registration-2015/

Space is limited, but the value of the experience is UNLIMITED!

TAE GUK KWON HYUNG - (Session 1)

Sa Bom Nim Larry Seiberlich, Dan Bon 1815 9th Dan will be introducing Tae Guk Kwon Hyung in a special session **for all Dan** ranks. Check out the sample video on the Soo Bahk Do institute.

This Hyung, known as Tai Chi Ch'uan in Chinese, is said to be over 1000 years old. It is often performed as a health and longevity enhancing exercise featuring stretching, balance and the integration of breathing and chi gung as a movement system for neh gung. It is also practiced as a very effective and sophisticated martial art. It is guided by the Sip Sam Seh.

The Founder trained in this martial arts discipline in Manchuria with Master Yang. The Yang style of Tae Guk Kwon is the most well-known and popular although there are hundreds of variations depending on the teacher and their lineage. The Yang style includes both the long form of 150 ja seh and the short form with 50 or more ja seh. Each ja seh contains from one to five martial arts techniques for defense against a number of opponents.

The Founder established the short form of this Hyung as the most senior (Chil Dan) hyung requirement in Tang Soo Do although it was seldom taught. It was replaced by Hwa Sun Hyung in Soo Bahk Do. It is part of our Moo Duk Kwan history and is appropriate for both older students who are somewhat limited in their movement and for younger members who are interested in improving their movement, balance, energy application, and are interested in learning the many self-defense applications.

We will present small portions of the long form Hyung to familiarize the participants with the nature of the Hyung, the movements at both slow and full speed, and a few of the applications with partners. Tae Guk Kwon can be taught both as an exercise and a martial arts discipline.

Seiberlich Sa Bom has trained in Tae Guk Kwon since 1965 and it has been the centerpiece of his Well Being Program

Thursday 8:00 -10:00 PM

SECRETS OF STUDIO SUCCESS

Craig Hays, Sa Bom Nim, TAC Member and Appointed Board Director is convening a select panel of successful studio owners who will share some secrets of their success during this intimate business training session that could change your school forever.

Do you know which is more important; 1) attracting new students or 2) student retention? Do you know why?

Your donation is an investment in the growth of your studio AND the preservation of the Moo Duk Kwan identity.

Friday 9:00 - 10:15

SEMI-PRIVATE LESSONS WITH A TAC MEMBER

TAC Members have generously agreed to work with up to 4 students each in private training sessions focused on whatever content the student donors want to cover.

What a great opportunity to share some high quality training time on your subject of choice with one of the premier martial artists in the world while knowing that your donation is helping preserve the Moo Duk Kwan® identity.

With only 4 students per TAC member these spots will go fast. Secure yours by registering right away.

Friday 10:30 – 11:45

Best of all, with only one donation you may be able to be in them all (space permitting)

That's like the perfect trifecta! PLUS the Board of Directors has approved special recognition for donors meeting specific giving thresholds. http://legacy.soobahkdo.org/

Moo Duk Kwan

Moo Duk Kwan® Members, Alumni and Supporters who care about the authenticity and legitimacy of your 70 year lineage are invited to help preserve it.

Preservationist

For a limited time supporters who commit to a significant donation of \$3000 (may even be paid in installment payments

online) qualify to be listed in Founder Hwang Kee's autobiography as a *Moo Duk Kwan® Preservationist when it is published.*

Lifetime Members of the <u>United States Soo Bahk Do Moo Duk Kwan Federation®</u> can donate the difference between what you paid for your Lifetime Membership and the \$3000 threshold and be listed as a Moo Duk Kwan® Preservationist in Moo Duk Kwan® Founder Hwang Kee's autobiography.



Moo Duk Kwan[®]



A special <u>70th Anniversary Program</u> is also being published to commemorate this event and Moo Duk Kwan® Benefactors will be listed in this publication as those who express their support with a **\$500** donation and become part of this important Moo Duk Kwan® historical document.

USA members and International World Moo Duk Kwan affiliates are invited to secure a spot for each country in the publication as a show of unity and support for the preservation of the Moo Duk Kwan® identity. Donations can be submitted online or mailed to Headquarters.

Moo Duk Kwan[®]



The <u>2015 National Festival program</u> will include special recognition of those who donate **\$135 to \$499** prior to **publication submission deadline of July 24**th. You can view some of the previous year's National Festival programs on the wiki.

You can make your contribution online using the donate button on the website: http://legacy.soobahkdo.org/help-preserve-moo-duk-kwan-legacy/

You can also remit your donation on the 2015 Festival Registration form.

Moo Duk Kwan® Supporters who have already contributed to any fundraiser since 2012 that was part of the Federation's Kick-a-thons or "There Is Only One Moo Duk Kwan" campaign also have the same opportunity as Lifetime Members to donate the difference between your previous contribution amount and the amount needed to reach any of the three giving thresholds listed above. You will receive credit for your previous donations toward the total of your donations. Forgot how much you gave way back when? We can help because we know, so just ask us.

Thank you for your generosity!



2015 **Approved** Hyungs

1st Gup

Du Moon

Cho Dan

Joong Jol

Jin Do

E Dan

Po Wol

Rohai

Ro

Chil Sung Sam

Naihanji E Dan

Chil Sung Sa Ro

Naihanji Sam

Chil Sung O Ro

Sam Dan

Yang Pyon

Kong Sang

Sip Soo

Sa Dan

Sal Chu

Wang Shu

Chil Sung Yuk

Sei Shan

Ro

O Dan

Choong Ro

Yuk Dan

Hwa Sun

O Sip Ša Bo

Chil Sung Chil

Ji On

Ro

Koon

Naihanji

Passai

Chil Sung II Ro

Chil Sung Sam

White 10th-9th Gup Kicho Hyung II Kicho Hyung E Bu Kicho Hyung Sam Bu

Orange 8th Gup Kicho Hyung Sam Bu Pyong Ahn Cho Dan

7th Gup Chil Sung E Ro Pyung Ahn Cho Dan

<u>Green</u> 6th Gup Chil Sung II Ro Chil Sung E Ro Pyung Ahn Ee Dan

5th Gup Chil Sung II Ro Chil Sung E Ro Pyung Ahn Sam Dan

4th Gup Chil Sung II Ro Pyong Ahn Sa Dan Chil Sung Sam Ro

Red 3rd Gup Chil Sung II Ro Chil Sung Sam Ro Pyung Ahn Sa Dan

2nd Gup Chil Sung II Ro Chil Sung Sam Ro Passai Pyung Ahn O Dan

2015 Hyung **Divisions**

Adaptive White & Orange 15 & Under 16 & Older

Adaptive Green & Red 15 & Under 16 & Older Dans

White & Orange: 6 & under M/F 7-10 M/F 11-14 M/F 15-17 M/F 18-30 M/F 31-36 M/F 46+ M/F

Green: 6 & under M/F 7 - 10 M/F11 - 14 M/F 15-17 M/F 18-30 M/F 31-36 M/F 46+ M/F

Red: 7 - 10 M/F11 - 14 M/F 15-17 M/F 18-30 M/F 31-36 M/F 46+ M/F

Cho Dan: 7 - 10 M/F11 – 14 M/F 15-17 M/F 18-30 M/F 31-36 M/F 46+ M/F

E Dan: 11 – 14 M/F 15-17 M/F 18-30 M/F 31-36 M/F 46+ M/F

2015 **Sparring Divisions**

& Red

Dans

Sam Dan: 15-17 M/F 18-30 M/F 31-36 M/F 46+ M/F

Ko Dan Ja: Sa Dan O Dan Yuk Dan

Ko Dan Ja **Hyung Over 50:**

All ranks M/F

Regional **Hyung Teams**

Junior Dans under 18

Adult Dans 18-

Senior Dans 41Up

All sparring **Participants** must wear the following: Headgear, mouthpiece, groin cup (men) & hand pads (covering **knuckles** only). Full hand, foot and body protective gear prohibited we emphasize no contact. 1st, 2nd and two 3rd Places in each sparring

division!

Adaptive White E Dan: 11-14 M/F & Orange 15-17 M 15 & Under 15-17 F 16 & Older 18-30 M LW 18-30 M HW **Adaptive Green** 18-30 F 31-46 M LW 15 & Under 31-46 M HW 16 & Older 31-46 F 46+ M

46+ F

White & <u>Orange</u> Sam Dan: 6 & Under M/F 15-17 M 7-10 M/F 15-17 F 11-14 M/F 18-30 M LW 15 - 17 M 18-30 M HW 15 - 17 F 18-30 F 18 - 30 M 31-46 M LW 18 - 30 F 31-46 M HW 31 - 46 M 31-46 F 31 - 46 F 46+ M 45+ M 46+ F 45+ F

Green: Do Sparring & Under M/F 7-10 M/F Regional Adult 11-14 M/F Sparring 15 - 17 M 15 - 17 F 18 - 30 M Regional Dan

Teen Sparring Teams age 13-17

Regional Dan **Youth Sparring** Teams age 8-12

45+ M 45+ F Cho Dan: 7-10 M/F

18 - 30 F

31 - 46 M

31 - 46 F

45+ M

45+ F

Red:

7-10 M/F

11-14 M/F

15 - 17 M 15 - 17 F

18 - 30 M

18 - 30 F

31 - 46 M

31 - 46 F

11-14 M/F 15-17 M 15-17 F 18-30 M LW 18-30 M HW 18-30 F 31-46 M LW 31-46 M HW 31-46 F 46+ M 46+ F

Teams age 18+

2015 National Festival Registration Form



Mail, fax or email completed registration form along with payment instructions to:

U.S. Soo Bahk Do Moo Duk Kwan Federation[®] 20 Millburn Ave Floor 2 Springfield, NJ 07081 (888) SOO-BAHK or (973) 467-5716 Fax



Hotel Group Rate \$129 subject to availability

DOWNLOAD THIS FORM & RESERVE YOUR ROOM (978) 777-2500 online at www.festival.soobahkdo.org.

Participation Is Open To Federation Members With Current Membership

Your Registration Packet Will Be Ready For Pickup On-site. Confirmation Emails Will Be Sent When You Provide an Email Address

PLEASE PRINT CLEARLY & FILL OUT BOTH SIDES COMPLETELY

Name				.DMembership expires				
Birthdate	_Age	Sex	Rank	Flying to Nationals?	?Airline			
Address			City		St	Zip		
Home Phone ()		Work Pho	ne ()	Instructor				
Inst. Rank		Inst. Dan#	#	Inst. Signature				
WAIVER I do hereby release the U.S. Soo Bahk Do Moo Duk Kwan Federation, Inc.® and all others associated with producing this event in any capacity including, but not limited to, Doubletree by Hilton North Boston North Shore and its corporate affiliates, for any liability due to injuries, etc., that I may incur as a result of my attendance or participation. I clearly understand that participation in the sparring aspect of this event could involve bodily contact. I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in the event(s) for which I have registered and that I have the medical coverage or personal means to cover the expenses. I permanently waive any compensation for photos, videos, media coverage, etc. of me that may be utilized by the Federation and give permission for publication of them. Participant's Signature								

\$25 Late & Onsite Registration Fee After July 24th

All sparring participants must wear headgear, mouthpiece, groin cup (men) & hand pads (covering knuckles only). Full coverage hand, foot and body protective gear prohibited.

Contact is prohibited and may result in disqualification.

1st, 2nd and two 3rd Places in each sparring division.

SEE REVERSE FOR PAYMENT OPTIONS AND TO REGISTER FOR OTHER EXCITING ACTIVITIES

HYUNGS (FORMS)						
DAN BON						
NAME						
RANKAGEHEIGHT						
REGIONINSTRUCTOR						
DIVISION						



DEH RYUN (SPARRING)						
DAN BON						
NAME						
RANKAGE HEIGHT						
REGIONINSTRUCTOR						
DIVISION						

20	15 National Festival Rec	gist	rati	on	F	orn	n					
PACKAGES	Your donations help protect the Moo Duk Kwan identity	MDK Benefactor	Platinum	Gold	Silver	Bronze	Iron	A La Carte	Qty	Total		
Tae Guk Kwon Hyung Seminar Session 1 Thur 8:00 - 10:00 PM	This package is for those who want to make a contribution toward the Moo Duk Kwan identity defense and includes the VIP Dinner with KJN and special recognition as a Moo Duk Kwan Benefactor.	>	se	*	*	×	×	\$97				
Secrets of Studio Success Seminar Session 2 Fri 9:00-10:15 AM	This package is for those who want to make a contribution toward the Moo Duk Kwan identity defense and includes the VIP Dinner with KJN and special recognition as a Moo Duk Kwan Benefactor.	\	se	*	*	×	×	\$97				
Semi-Private Lesson W TAC Seminar Session 3 Fri 10:30-11:45 AM	Please indicate the name of the TAC Member you w ould like your lesson with. Only 4 per Students per TAC Member. TAC Name: Indicate the content you w ould like to cover during your lesson:	*	×	×	sc	×	×	\$97				
VIP Dinner Friday With KJN, SAC, TAC & Donors > = \$150	This package is for those who want to make a contribution toward the Moo Duk Kwan identity defense and includes the VIP Dinner with KJN and special recognition as a Moo Duk Kwan Benefactor.	*	se	×	æ	×	sc	\$150				
Meal Plan: 6 scheduled meals with KJN, SAC, TAC	Meals served in a private area so you need not wait in restaurant lines, rush about to eat or worry about carrying money with you.	✓	✓	æ	sc	æ	×	\$187				
Saturday Banquet Tickets RSVP to 70000	Sat banquet attire is business casual. Includes deluxe dinner and entertainment. (Silent Auction concludes at banquet.)	✓	✓	✓	æ	æ	sc	\$89				
Friday Seminars Session 2 Fri 9:00-10:15 AM	Seminars for each group of Gup Children, Gup Adults, Dans, Ko Dan Ja, Regional Examiners and future Ko Dan Ja Candidates.	✓	✓	✓	✓	×	æ	\$79				
Friday Seminars Session 3 Fri 10:30-11:45 AM Hyung Division	Seminars for each group of Gup Children, Gup Adults, Dans, Ko Dan Ja, Regional Examiners and future Ko Dan Ja Candidates.	1	1	1	√	*	*	\$79				
	Individual Hyung Competition	√	✓	V	~	V		\$69				
Sparring Division 2015 Commemorative Festival T-Shirt	Individual Traditional Sparring & KDJ Moo Do Sparring Commemorative T-shirts (circle sizes and write in qty of each size) Youth: YS - YM - YL Adult S - M - L - XL - XXL - XXXL [] [] [] [] [] [] []	√	✓	✓	√	✓	×	\$69 \$25				
Two 3-Day Festival Spectator Passes	Two passes included with each registration package. Good for non-member Festival Access Thursday, Friday AND Saturday. Members may present valid membership ID card for free access.	>	✓	>	✓	✓	×	\$50				
One 3-Day Spectator pass	One 3-Day Spectator Pass a la carte	×	×	×	×	x	×	\$25				
One 1-Day Spectator Pass	One 1-Day Spectator Pass a la carte	3C	3C	×	3C	36	×	\$15				
Package Value	The value of items included in each package	\$930	\$647	\$460	\$371	\$213	\$138	A La C				
Package Savings	Packages savings over a la carte registration	\$179	\$159	\$139	\$119	\$79	\$39	IOIAL	DULI			
Package Prices	BEST VALUES	\$751	\$488	\$321	\$252	\$134	\$99			ster for the		
Bidder Discount	2015 Festival Bidder Credit: Deduct up to your bid amount PLUS 25% of the total amount that you bid toward the 2015 Festival	4.0.	V.60	,	-	V.O.	400	can ch	Benefactor package you can choose whichever seminars you want to			
Family Member Discount	Multiple family members registering together qualify for 5% discount on total. List Fed IDs and take 5% off your total. Fed ID1: ID2: ID4: ID1:							attend a to atten	attend and your donation to attend the VIP Dinner with KJN is included.			
Late & Onsite Registration Fee After July 24th	Late fee is incurred for registrations after July 24th unless a purchased package includes waiver of this fee.	\$0	\$0	\$25	\$25	\$25	\$25		Note: Friday & Saturday			
Donation With Registration	Any amount you can give is appreciated and 100% of your donation goes toward protecting the Moo Duk Kwan identify							Regular Seminars occur in the same time slots as Premium level				
PACKAGE TOTAL DUE	PACKAGE TOTAL DUE: Enter your calculated package total in the package column here:							Benefac is not p	tor ser	ninars so it to attend		
If registering by package and adding additional a la carte items to your package, then add your package total and your a la carte total together and enter in GRAND TOTAL DUE otherwise enter your calculated amount due in GRAND TOTAL DUE			Maste	DISCOVER both sessions in same time slot.								
Payment Instructions: (circle one) Money Order - Cash - Check - Credit Card			PayPal Trans#		GRAND TOTAL DUE:							
SAVE BY REGISTERING BEFORE ARRIVA				Amt Enclosed \$								
CC Number CCExp/				Hotel Room Group Rate of \$129 Cutoff Date is July 10th.								
Signature: Date:/				Rooms subject to availability.								
Email:												
Your Registration Packet Will Be Available For Pickup On-Site. You Will Receive A Confirmation Via Email If You Provide One												

Access the continually updated schedule of activities on the festival website: www.festival.soobahkdo.org

Judging Registration Required On-Site For All Dans Planning to Compete

2016 National Festival Destination Bidding Will Open When A Regional Proposal Has Been Secured for 2016 www.bid.soobahkdo.org

Should you encounter any problems securing a satisfactory hotel room reservation please contact hotel liasion Ruth Rudnick

> Work: (617) 484 -3558 Cell: (617) 797 - 3239